

Season 3: Church and Community Transformation

Summary keywords

Church and Community Transformation, CCT, the Light Wheel, wellbeing, holistic wellbeing, whole-life transformation, community

Speakers

Pete Dawson, Bethany Sikes, Lydia Powell

Episode 2: The Light Wheel

Pete Dawson 00:09

Hello and welcome back to season three of the Faith and Development Podcast, brought to you by Tearfund, a Christian relief and development agency working in over 50 countries around the world. This is a podcast of storytelling and conversation as we explore different areas of development through the lens of faith, drawing on the wealth of incredible people who will share their learning and experience.

This season we're focusing on the church and why Tearfund believes that working with the church is critical for ending global poverty. So welcome back. My name is Pete Dawson and I'm joined by my wonderful co-host and colleague Bethany Sikes. Hey, Bethany.

Bethany Sikes 00:49

Hey.

Pete Dawson 00:50

We kicked off this series, talking about how Tearfund, its main focus for how it works is through the local church, specifically through something that we call church and community transformation, or CCT for short. So could you give us a brief recap on what we touched on a little bit last episode?

Bethany Sikes 01:10

Yeah. So last episode we were looking at how Tearfund works with the church through this model called church and community transformation, or CCT. Put simply, a CCT process is a Bible-based guided training approach that a local church can use with its community to identify the resources they have, working together to create long lasting, whole-life change and that can look really different in every community because they're going to have a different set of resources and a different set of needs that they want to respond to.

Pete Dawson 01:40

And as part of that discussion, we touched on one of the ways in which we measure the impact of CCT was something that you referred to as holistic wellbeing, or sometimes you, I think you used the phrase 'holistic transformation', which is going to be the focus of our conversation today.

Bethany Sikes 01:53

Yes. So that's a really foundational concept for Tearfund, talking about holistic wellbeing or whole-life transformation. So capturing that multifaceted impact that we want to see in people's lives. And so today we're going to be joined by an expert in something called the Light Wheel, which is a tool that Tearfund has developed over the last ten years that captures what we mean when we talk about that multifaceted approach, that holistic wellbeing, and also how we use it to measure. And actually, as we talked about in the last episode as well, we've got our largest ever impact study, Local Church, Lasting Transformation. We'll be touching on some of the evidence from that study to show that CCT brings positive whole-life transformation.

Pete Dawson 02:39

Amazing. So we're going to introduce our guest for today. We're joined by the wonderful Lydia Powell, who is a colleague of ours and who works on measuring holistic wellbeing and who's going to help us understand and unpack what it is and why Tearfund believes wellbeing is key to addressing poverty.

Lydia, a massive welcome to you. It's so good to have you on the podcast. Do you just want to begin by telling us who you are, what it is you do, and a bit about your role?

Lydia Powell 03:11

Yeah, brilliant. Thank you so much, guys, for the invitation to join you on the podcast today. I've been working at Tearfund for eight years now, based within our Impact and Effectiveness team, and I've had various different roles working across fundraising, impact measurement and communications. Prior to working for Tearfund, my background was in social anthropology, so I have a lot of curiosity to understand different worldviews and how our life experiences shape our hopes and dreams for the future and our kind of idea of what it means to live a good life and live life to the full. So taking those interests now in my current role, I work to support our colleagues and partners around the world to understand, achieve and measure holistic well-being through their work. So, yeah, we can unpack that a bit more in today's episode.

Pete Dawson 04:01

Amazing. Well, I guess the most appropriate starting point is to ask you this. What is it that you know, meaning when you talk about holistic wellbeing?

Lydia Powell 04:08

Yeah, it's a great question because I think we all know the word 'wellbeing'. But sometimes when you try and define what that looks like, maybe we all have our different understandings of what that means to us. I think at its core, wellbeing is about whether we have the things in our life that we need to feel safe and comfortable, healthy and happy. And as a Christian organisation, at Tearfund, we often look to the Bible to think about the different areas of life that Jesus spoke about, that he really cared about, in terms of seeing people living life to the full and flourishing. And we often think about the verse in John 10:10 that talks about Jesus coming, that we may have life in its fullness. So I think if we look at the example of Jesus and the things he spoke about, that gives us insight into kind of having a holistic perspective on wellbeing. And at Tearfund, through our work and our work with the local church, we're really passionate about contributing to that.

Pete Dawson 05:01

And so how would you say that improving someone's wellbeing is key to addressing poverty?

Lydia Powell 05:08

Our view of holistic wellbeing stems from our holistic understanding of what poverty looks like. I guess in the West we often have this idea of economic poverty being what it's all about, kind of having more money and more material wealth. But at Tearfund, our understanding of poverty stems from the theory of four broken relationships. So this is the idea that currently we live in a state of broken relationships with ourselves, with others, with God, and with the environment. And if you want to know any more about the four broken relationships, just head to learn.tearfund.org and type in 'intro to CCT'.

Pete Dawson 05:42

Amazing.

Lydia Powell 05:43

The theory that we have then leads to this idea of wanting to see restoration of relationships through our work, in order to see holistic flourishing and wellbeing. And that's quite a high-level concept that drives our work. But when we're thinking about what does that look like in practical terms, we've been asking questions like, how do we know if our work or the work of the local church is helping to restore broken relationships? And I would say that over the last ten years, Tearfund has been really leading the way and driving the conversation to research and define working alongside our country staff and partners globally, what does it look like to have holistic wellbeing? What are the factors that really matter towards holistic wellbeing and that has led us to create a tool which we call the Light Wheel, which has nine different aspects of wellbeing that we want to see transformed through our work and through the work of the local church as well.

Pete Dawson 06:37

Lydia, you're one of the experts at Tearfund and on the Light Wheel that you just mentioned. Can you basically explain what it is and why is it so important to our work?

Lydia Powell 06:45

Yeah, that's a great question to start with. So the Light Wheel is a tool that we've been developing at Tearfund over the last ten years in collaboration with our country teams and partners. So fundamentally, the Light Wheel is a framework of nine different aspects of wellbeing that we believe need to be addressed if we are to see whole-life or holistic transformation like we've been talking about in relation to the four broken relationships. But we also believe it's really important to measure the impact of our work so we can know if this holistic transformation is taking place. So that's why we've also developed a toolkit of research methods. And this is a complete package of tools and resources that are all based around the nine aspects of wellbeing. And this through participatory activities helps us to measure holistic transformation.

Pete Dawson 07:32

So Lydia I am looking at a picture of the Light Wheel. I mean, visually this looks great. And what I can see is a wheel within a wheel and what looks like, I guess you describe them as spokes coming out – nine different areas to this Light Wheel. And there are different spokes which relate to different aspects of wellbeing. And so if I pick up on the first one that I see, which is, living faith and this seems to actually encircle everything. So that's – what's that about?

Lydia Powell 08:02

Yeah. Thanks. Great question. So living faith for us is kind of at the heart of the Light Wheel. We've got it as its own separate dimension because we want to give it that focus in conversations about wellbeing. But for us, our faith and our belief in God underpins the way we see the different areas of wellbeing, and, yeah, the way we respond. So living faith is looking at kind of personal faith and the way people practise their faith and develop their relationship with God, and also how churches outwork their faith in the community, responding to that call to be salt and light. We also do work in multi-faith settings. So in some contexts, the conversations will be more open to people of different faiths to talk about how their faith gives them purpose, peace, a sense of direction in contribution to wellbeing.

Pete Dawson 08:48

Amazing. Okay, so next on the Light Wheel, there were three separate spokes, but all seem to be part of the same group. They are personal relationships, social connections and participation and influence. So could you take us through those?

Lydia Powell 09:02

Yeah. So we've grouped these together. They kind of sit under the more social category of wellbeing. So let's start with social connections. So this is looking at the wider networks and groups that people in a community are part of, and how those networks and connections have a positive or negative impact on people's wellbeing. So it's looking at topics related to inclusion or exclusion and how people work together in the community.

Pete Dawson 09:28

Sense of unity?

Lydia Powell 09:29

Yeah, sense of unity and joint projects, coming together or not as the case may be. And then we've got personal relationships which are more based within the home. So more personal private relationships, looking at things like how people make decisions, how people respect and trust one another, and how people resolve conflicts.

Pete Dawson 09:47

Right.

Lydia Powell 09:48

Yeah. And then in relation to both the social connections and personal relationships is participation and influence. So this is looking at themes around kind of power, decision-making and voice, who gets to make decisions, if people feel like they have a say in decisions that affect their lives. And also more practically, do people know the steps to take to advocate for their needs and their rights?

Pete Dawson 10:09

Amazing, amazing. So next up, there's another three spokes that seem to feed into another area. For me, they seem around emotional wellbeing and things like that. Can you talk us through these three?

Lydia Powell 10:21

Yeah, definitely. So these are kind of related more to the individual so that they're grouped together with that in common. So the first one's physical health – perhaps a more kind of expected area of our wellbeing, looking at how people look after themselves and remain physically healthy, the access to healthcare that they have, clean water, balanced diet, those sorts of things. And then we've got a separate dimension, which is the emotional and mental wellbeing area, and we've got this separately because we don't want it to be lost.

Pete Dawson 10:49

Yeah.

Lydia Powell 10:50

And we know it's a really, really important topic and it's often hard for people to talk about. This is looking at things like sense of self-worth, self-esteem, hope for the future, and whether people have kind of networks and people that they can talk to honestly about their maybe stress or negative emotions.

Bethany Sikes 11:08

So important.

Lydia Powell 11:09

It really is. And then also the capabilities area. So this is kind of looking at the skills and knowledge that people have related to maybe looking after yourself, making a living, looking at education and literacy. But also the way that adults can maybe continue to develop skills and transfer knowledge to one another.

Pete Dawson 10:28

I see.

Lydia Powell 11:29

Yeah, but also really key, and this one is about mindset, whether people acknowledge the skills that they've got and how they can use those to kind of improve their situations. And I think often we can fall into that mindset of just waiting for someone else to come along and give us the answer.

Bethany Sikes 11:46

We really spoke about that last episode.

Pete Dawson 11:48

Yeah. And, I think it's such an empowering... we want to empower people, don't we? We don't want to spoonfeed people. We don't want to have this dependency. And this is such an empowering way of doing it.

Lydia Powell 11:59

Exactly. And I think within CCT, we really see that powerful mindset change to realise, like, I've got God-given skills and resources that we can use.

Pete Dawson 12:06

That reminds me of Jesus' words when he says, 'the son sets you free, you're free indeed', and there's something about the work of the church, people experiencing that liberty and freedom. And part of that is freedom of the mind, to think for themselves, to do for themselves, to be empowered. It's great.

Lydia Powell 12:19

Yeah. Exactly. Exactly.

Pete Dawson 12:20

Okay. So the last two aspects of the Light Wheel, I can see the two together: care of the environment and material assets and resources.

Lydia Powell 12:31

Yes. So these are grouped together as kind of the tangible assets and things that we have in our life to use creatively with our skills as well. So the material assets and resources spoke is looking at the resources that people have, how people make a living, whether people can save money. And it also considers the resilience of our resources, so if we come across a shock or a stress in our life, what will happen to our home, our livelihoods, our livestock, our savings, which is really important, and thinking about the attitudes we have to our resources, like are we very individualistic or are we open to sharing with one another, or do we have a more communal sense of resources and of them being given to us from God?

Pete Dawson 13:11

Right.

Lydia Powell 13:12

And then last but not least, the care of the environment, obviously, everything we do, we don't want to be having a negative impact on the environment as much as possible. And it's interesting. Often people get really inspired to work on increasing the material assets and resources within CCT, but we can't let that be to the detriment of the natural world. So this spoke looks at the way that people are protecting the environment for the future, but also the knowledge they have about how to respond to climate change, because we know in a lot of the countries that we work, they're facing the worst impacts of changing climates. This spoke looks at how people are reacting, how people are sharing resources, whether there's tension over natural resources. And finally, whether people have the opportunity to enjoy the natural world that God has given us. So yeah.

Pete Dawson 13:57

Amazing.

Bethany Sikes 13:58

It's helpful to remember as well, like this model or this way of thinking about the Light Wheel is applicable across all the different types of work that Tearfund does, but it's got a particular resonance with church and community transformation, which is what we were talking about in the last episode, and is our main model of working with the church. And just hearing those nine areas you can really visualise what we talked about, that individual change, but also the change that's experienced by the congregation and in and in the community. So it's helpful to know that it applies to all of our work, but there's a particular synergy there with the church and community transformation work.

Lydia Powell 13:33

Yeah.

Pete Dawson 13:34

And I think it's so helpful to hear, for me growing up, the way that you would help with poverty is you see a need, you fix it. But that's so superficial. I guess this Light Wheel is a tool that actually, especially coming from people who believe in the restorative power of Jesus, it's not just about meeting one need. Jesus is about the restoration of all things. And this is such an amazing tool. So a question for you, Bethany. Earlier, Lydia was explaining there were nine spokes to the light wheel. Yet in the impact report you talk about 23 measures of wellbeing. So where's the kind of...

Bethany Sikes 15:11

What's going on there? Yeah, there's a few different numbers going round. So in the Local Church, Lasting Transformation research study, we actually started with the Light Wheel, because we wanted to talk about holistic wellbeing. So we looked at the nine areas and from that we devised 23 questions. And that covers the Light Wheel, so those are just very specific questions about do you have someone you could ask for help? Or do you feel like you belong in the community? So we're inspired by the nine spokes. And then we came up with these 23 separate questions. And as I mentioned last week, every single one of those was higher in communities where CCT is happening compared to those where it hasn't started. So we can say with confidence from this research that people who are living in communities where CCT is happening experience whole-life transformation or have higher holistic wellbeing than people who don't. And I think an interesting thing that I didn't mention in the last episode is that that includes people who live in the community but aren't actually participating in CCT. So we actually see that people who participate in CCT have the highest level of wellbeing. The people who live in the community but aren't participating, they also experience higher wellbeing when we compare it to people who've not been in a community where their church is doing it.

Pete Dawson 16:27

I see, that's amazing.

Bethany Sikes 16:28

So there's a big spillover effect into their community, and we're capturing that through 23 questions inspired by the Light Wheel. I'll just give you a couple of the standout findings. So I'll start with – we did see some change in people's economic circumstances. So the evidence from the Local Church, Lasting Transformation study does show that CCT helps to develop people's sense of self-sufficiency. So people were able to stabilise or grow their income year on year. So compared to communities that hadn't started church and community transformation yet, people in church and community transformation communities were 51 per cent more likely to have earned the same or more as the previous year, which is incredible. So that's 51 per cent more likely to have done that than people in a community that hasn't had any exposure to church transformation. They're also more likely to have a positive perception of their future income, with 29 per cent more likely to believe that their financial situation will be better in a year's time. So we're seeing that there's more hope for the future there. And those who've been participating in church and community transformation for one year or more are particularly likely to report stable or rising incomes, compared to those who've got involved more recently. So over time, we're seeing it really have an impact on people's lives. But to just make that even more tangible with stable or rising incomes, that does translate to real-life differences for people's wellbeing. So we find that compared to communities that haven't started CCT, people in CCT communities are 26 per cent less likely to report that their family's gone without food, or that their family has had to miss school in the last year due to costs. And they're also 13 per cent less likely to report that their family's gone without medicine. So those are like really tangible things which hit on a number of those Light Wheel spokes. I don't know if you want to draw out any findings, Lydia, that were particularly resonant to you or...

Lydia Powell 18:28

Yeah, I think one of my reflections is how the sort of less tangible areas of the Light Wheel, so the social dimensions, participation, having a community support network, having hope for the future, they're not separate from being able to have stronger economic resilience.

Bethany Sikes 18:48

Yeah.

Lydia Powell 18:49

Those things, what we're seeing here in the results of the study is that we shouldn't just be purely focusing on kind of improving income generation. It's actually when we surround that person with these other forms of support and confidence and skill-building, that that person, when we treat someone as a whole and think about their whole life, which is what CCT does, and we also through CCT, give them the agency to think about their priorities, and how to work towards their goals for the future, as all of those things together that will also help build economic resilience.

Bethany Sikes 19:22

Yeah, definitely. Like for example, we did see tangibly that people's confidence and hope for the future had increased, so people in CCT communities were 35 per cent more likely to believe they'll be better off in a year's time. I, like, how many of us can say that, but I know it's true. It's like, being able to be in the situation that they're in and have hope for the future is huge.

Pete Dawson 19:42

Yeah.

Bethany Sikes 19:43

They were also 19 per cent more likely to feel like they belonged in their community, and 45 per cent more likely to feel that people would be there for them if they needed support. And all of that leads to greater cohesion and collaboration in communities. And if I think about my own life, would I start a venture or a business or a project without feeling like I belonged in my community, without having hope for the future or the support of people around me? Would I do it? I don't know if I would, so to see change in all these areas helps build that bigger picture of wellbeing. And actually what that means in practice.

Pete Dawson 20:19

It's amazing. And what I, what I love about all of this, not just, sort of this theory of how CCT works, but these findings are so rooted in what we read in the scriptures. I mean, so much of Tearfund's theology and understanding of how we do poverty is about what we've said about restoration of all things. And I guess through these findings, we're seeing that and a lot of the language that I know Tearfund have used about CCT is this language of kingdom. And there's a great sociologist and pastor – do you know Tony Campolo? – amazing author – and he does amazing stuff around poverty. And he talks about the mandate that Jesus gave us. He says that the words he says in the Lord's Prayer: 'your kingdom come, your will be done on earth as in heaven'. And sometimes you think – I think I said this in the last episode – but sometimes you think oh that's just about preaching the gospel, that people come to know Jesus, but actually it's way more. It's a bigger vision for the whole of humanity, for the whole restoration of all things. And we're seeing this in CCT. It's not just we're seeing people come to know Jesus, but it's this whole-life thing about human flourishing. And the way that Tony Campolo describes it, I love it, about the kingdom, he says 'it's about transforming

the world that is into the kind of world that God intended it to be'. And we're just seeing this through CCT and I think it's just amazing.

Lydia Powell 21:24

Yeah.

Bethany Sikes 21:35

So Lydia, do you have any examples of the Light Wheel in practice? Obviously we've spoken a bit about in the study, how we used it, but you, you use the tool, both as a data collection tool, but also communities are using the Light Wheel, right? Could you tell us a bit about that?

Lydia Powell 21:54

Yeah. I think the thing that's really cool and powerful about the Light Wheel is the flexibility of ways that it can be used. And at Tearfund and, you know, encouraging others to do the same, we're seeing it integrated from community, local level, right up to robust, rigorous impact studies and our organisational strategies and theories of change. So we're trying to use it as a common framework and language for understanding what we mean by kingdom come and flourishing. So just to give a few examples of how we're seeing it used at a more local level, the Light Wheel encourages groups to come together from churches and communities to talk about these nine areas of wellbeing. So I think first and foremost, it's a tool that gives people space to feel like their opinions matter, to talk about how their lives are. And that in itself is a really transformational experience. So one story that comes to mind is a church in Asia. They were facilitating the Light Wheel and they said, 'This isn't just a tool for measuring transformation. It's a tool for bringing transformation as well'. And I think giving people the language of these nine areas and space just to talk about how is your life and what do you want your future to look like? That in itself is transformative. So we're trying to embed that right from the beginning when a church starts doing a CCT process, to bring in those conversations from the beginning, and then gradually when people become more familiar with the nine areas, we start to get them to think about how change is taking place over time, hopefully through taking part in CCT, so coming together in group discussions, they'll start to give themselves a score. And this is very much a self-assessment. So it's about their perception of how they're doing. So we give a score from 1 to 5. So five is kind of full transformation, kingdom of heaven, what we're working towards, and level one is very much no change, worst case scenario. And so we work with the groups and it's very participatory, very visual, we sometimes use an image of a seed blossoming into a flower. So this flower is level five. So it can work really well with communities with low literacy, everyone can participate. So they start to score themselves over a regular period of time, and they really own this data. So this is their information. We'll often see it on big pieces of paper in the churches. And so in a very approachable, accessible way, we start to see churches and CCD facilitators doing their own monitoring and evaluation. The technical term for this is citizen science. So it's where local community members are driving their own data collection and owning that data. So we're really excited about that. And that helps to drive their priorities for CCT.

One of the things I love about CCT is how free it is. There's no predefined outcomes. It's really in the hands of the group to think about what are our priorities and where do we want to get to and to continue to like, reflect and reset the priorities.

Bethany Sikes 24:46

So churches can use the CCT process as part of the, identifying the needs and then designing what they want to do to respond, which is what we were talking about in the last episode.

Lydia Powell 24:58

Exactly. So it really helps with like setting priorities and then celebrating successes, and then it should just continually become like a mindset or a way of working when the Light Wheel is embedded. So yeah, hopefully that brings it to life a bit more.

Pete Dawson 25:11

Lydia, do you have any examples of stories or things that you've seen firsthand of how this is being outworked?

Lydia Powell 25:19

Yes. Let me tell you the story of a lady that I met from a savings group in Rwanda. And we were asking the group of women, they'd taken part in the savings group for about three or four years, I think, and we were hearing their stories of the impact that this had had in their lives, and we were using the framework of the Light Wheel just to encourage them to think about all the different areas of their life and try and find out the variety of different impacts that the project had had. So we started with the material assets area and it was amazing. They were talking about having increased income and savings and being able to invest in small businesses, and obviously that had had a really positive impact. But the thing that really struck me was the amount of time this particular woman as she was talking, the amount of time she spoke, talking about other things that weren't income-related, she spoke about the group and the confidence it had given her to become part of the group, speaking in front of the group, building friendships, having that social time, having fun, feeling that there was a group of women that were there to support each other, being able to have the savings there in times of need or emergency, was helping her sense of security and dreaming for the future. And she also spoke about how being part of the group had helped her relationship with her husband, and she felt like they were more equal in the household thinking about decision-making around money. And it really struck me how if we had gone in with a very set monitoring tool or survey and just found out about the difference in her income and then walked away, we would have missed that breadth of change in her life. So what I love about the Light Wheel is how it helps us capture the depth of change taking place. And like, we can't claim all of that change. It's incredible the work they've done as a group and the work that God is doing. So I think the Light Wheel helps us to shine a light on the work.

Bethany Sikes 27:07

Yeah. And was that savings group – had it come out of her church doing church and community transformation?

Lydia Powell 27:11

Exactly. Yeah, exactly. So yeah, I think the Light Wheel just goes so well with CCT and helps us to just get excited and to celebrate that change and what God's doing in people's lives.

Bethany Sikes 27:24

So I know that you've been working hard on developing some resources for people to use the Light Wheel, could you tell us a bit more about what's next?

Lydia Powell 27:36

Brilliant, yeah, thanks for that invitation. So if people want to find out more about the Light Wheel, I really encourage them to head to our Tearfund Learn web page where they'll be able to find our free e-learning, which is a self-paced course that anyone can sign up to. I think it takes...

Bethany Sikes 27:50

I have completed it, I can recommend, it's very good.

Lydia Powell 27:53

It's a first-hand recommendation! So it takes about two or three hours to work through. It's really interactive, lots of carestories, and you'll really dive into the nine areas and how it can be used within CCT.

Pete Dawson 28:04

What is the web address for that?

Lydia Powell 28:05

Yes. So it's learn.tearfund.org, and then just search for the Light Wheel. And then we're really excited to say that we'll be launching our new Light Wheel toolkit in spring 2024, and that will also be launched via our Tearfund Learn web page. So keep an eye out for that.

Bethany Sikes 28:22

Amazing. And there'll be tools and resources there that people can use in their own, their own research or their own projects. And it's applicable in lots of different contexts around the world. So yeah, I feel like this is a great opportunity for anyone who's interested in holistic wellbeing to really dig into that.

Lydia Powell 28:39

Yeah, definitely. We always say don't reinvent the wheel, we're very like...

Pete Dawson 28:44

Use the Light Wheel!

Lydia Powell 28:39

Exactly! Use the Light Wheel! And it's something that we've been testing for over ten years now, so we really want to make it available for other organisations and churches to be able to use. So yeah, please feel free to go and check it out.

Bethany Sikes 28:58

Can't wait, I'm very excited for it.

Lydia Powell 28:59

Yeah. Thank you.

Pete Dawson 29:00

Thanks so much for doing this, Lydia.

Lydia Powell 29:01

No, thank you.

Pete Dawson 29:14

Well, that was amazing.

Bethany Sikes 29:16

It was so good.

Pete Dawson 29:17

Once again, I feel hugely inspired. And for me, one of the big takeaways is just this whole-life approach. I think for so long in my life, I had a very narrow approach of how I can help someone. But, just hearing about the Light Wheel is actually – God’s vision is about empowering people to do it for themselves, to get a sense of dignity and hope and empowerment. What were some of the takeaways for you?

Bethany Sikes 29:40

I think yeah, I agree, really inspiring and I think really helpful to have a framework to think about that whole-life, that holistic wellbeing. Cause it is such a big concept and to be able to break it down to these nine areas and to really tangibly understand that when we work through the church, with church and community transformation, we’re seeing change in all of these areas, or aspiring for change, in all these areas. And to know that our evidence points to the fact that people experience holistic wellbeing and whole-life transformations, it’s really exciting for me.

Pete Dawson 30:12

And so if people want to find out a little bit more about this and any of the stuff that we’ve touched on, where can they find it?

Bethany Sikes 29:40

Head over to Tearfund Learn, our hub with thousands of free resources including toolkits, guides and research at learn.tearfund.org.