

# Appendix F

## USEFUL RESOURCES

### **PILLARS Guides**

Language availability:

E = English, F = French, S = Spanish, P = Portuguese

( ) = available as photocopies, and in PDF format

#### ***Building the capacity of local groups***

Encouraging groups to improve their communication, effectiveness and activities.

E, F, S, P

#### ***Improving food security***

Practical information on pest control, grain banks and new techniques for food preservation and storage. E, F, (P)

#### ***Credit and loans for small businesses***

Encouraging good practice in record-keeping, planning and maintaining savings and credit groups. E, F, S, P

#### ***Agroforestry***

Encouraging awareness of agroforestry for improving soil conservation, nutrition, soil fertility, fuel wood production and family income. Includes details of nursery techniques. E, F

#### ***Preparing for disaster***

Encouraging communities to consider possible risk situations and help them prepare to respond effectively. Includes information on first aid, emergency stores and community shelters.

E, F (S, P)

#### ***Mobilising the community***

An exciting process of encouraging and supporting communities to analyse their own situations and to take steps to work together to make changes for the better. E, F, S (P)

#### ***Healthy eating***

Ideas to help improve household nutrition at low cost – food groups, kitchen gardens, recipes, methods of food preservation and hygiene.

E, F, S, P

#### ***Mobilising the Church***

Ideas to encourage church members to widen their vision. It contains material on the role of the church, leadership, Bible study groups, planning, working within the community and maintaining the vision of the church. E, F, S, P

#### ***Responding more effectively to HIV and AIDS***

Provides practical information on HIV infection, HIV testing, healthy eating, medicines and drugs, and ideas to encourage the church and the community to respond more effectively to the challenges of HIV and AIDS, with compassion and understanding. E, F, S, P

#### **PILLARS Workbook**

Provides full information on translation and printing in local languages for those wanting to use the PILLARS process. E, F, S, P

#### **PILLARS CD-ROM**

Containing computer files of the existing Guides in PageMaker®, QuarkXPress® and InDesign® formats for inserting translated text. E, F, S, P

#### ***Footsteps Issue 60*** Facilitation Skills E, F, S, P

#### ***Guide our Steps***

Contains 101 participatory Bible studies on a wide variety of development issues. It includes advice on how to use the materials for small group Bible study and guidance on how to prepare new Bible studies. E, F, S, P

All the above resources are available from

#### **Tearfund**

PO Box 200, Bridgnorth, Shropshire  
WV16 4WQ, UK

[pillars@tearfund.org](mailto:pillars@tearfund.org)

***Training for Transformation:  
a handbook for community workers***

Anne Hope and Sally Timmel

This book focuses on five issues impacting on the development of communities around the world: the environment, gender and development, ethnic and racial conflict, intercultural understanding, and participation in government. Each section contains case studies, discussion starters and ideas for use within the community. E

Available from **TALC**

TALC, PO Box 49, St Albans, Herts, AL1 5TX, UK

E-mail: talc@talcuk.org

***Participatory Workshops: a sourcebook  
of 21 sets of ideas and activities***

Robert Chambers

This book contains ideas, activities and tips for all those who try to help others learn and change. It would be useful for facilitators, trainers, teachers and those who manage meetings and workshops. It is written in an enjoyable, easy-to-read manner, designed to be read in short sections rather than from beginning to end! It is full of illustrations and cartoons. E

Available from **Blackwells**

Blackwells Mail Order Dept, 48–51 Broad Street,  
Oxford, OX1 3BQ, UK

E-mail: mail.ox@blackwell.co.uk

Website: www.blackwell.co.uk

***100 Ways to Energise Groups: games to use in  
workshops, meetings and the community***

This guide aims to be an ‘ideas book’ of shared experiences to help facilitators prepare for participatory workshops. It may also be useful for people who facilitate meetings and planning activities using participatory techniques.

Available free of charge. E, F, S

Available from **HIV/AIDS Alliance**

HIV/AIDS Alliance, Queensbury House,  
104–106 Queen’s Road, Brighton, BN1 3XF, UK

E-mail: publications@aidsalliance.org

Website: www.aidsalliance.org